









Eric Johnson, one of the "Paddle for the Bays" race directors, gives safety instructions to participants before the start of the race at Ropes Beach. Race participants, far right, set out from Ropes Beach in Cotuit Bay for the picturesque race course. "People absolutely love this

race," says Judy Heller, one of the race's directors. "We hear all the time how beautiful they think the course is." Alexa Cotton, 7, of Osterville, right, prepares to get on her SUP to participate in the "Paddle for the Bays Youth Class 1-mile course."







"Paddle for the Bays" participants cheer enthusiastically for other racers as they finish the course at Ropes Beach in Cotuit. Will Rich, of Gloucester, winner in the 10-mile unlimited board category, celebrates his completion at Ropes Beach. "Paddle for the Bays" attracts racers of all ages and from all over New England and beyond. Damian Caputo of Sandwich, who came in 5th in the 10-mile 14 foot board category, gets a congratulatory high-five from fellow elite racer, Marta Downing of Portsmouth, N.H.









